

Stopout Year Options

Wanting to postpone college for a year? Here are some great opportunities.

Americorps — www.americorps.org

***a program that combines service projects and a stipend (this may be used later for college).

Audubon Expedition Institute — www.getonthebus.org

***provides expeditions throughout the U.S. to study the environment and nature (program involves expenses-college credit may be obtained)

Center for Interim Programs — www.interimprograms.com

***a fee-charging service that helps students find the most suitable stop-out program for a particular year.

Coalition for America's Children — www.connectforkids.org

***350 family-serving organizations are represented and may be able to arrange a service project.

City Year — www.cityyear.org

***17-24-year-olds are recruited for inner city services (ie tutoring, after school programs, etc)

Dynamy — www.dynamy.org

***assists high school grads in finding apartments and jobs in a new city. Some costs associated with service.

EAuPair — www.eaupair.com

***assists Americans in becoming au pairs in various countries throughout world

National Outdoor Leadership School — www.nols.edu

***expeditions are organized to numerous places throughout the world (fee required-college credit may be earned in some instances)

Outward Bound — www.outwardbound.org

***no service projects but provides a highly rated survival training program

Student Temporary Employment Program—<http://jobsearch.usajobs.opm.gov>

***many federal agencies have job opportunities for students which include summer and full-time opportunities

Adapted from: Options for a Stopout Year. (Dec. 2001) College Spotlight. Vol.6, No. 3.

Special points of interest:

- Stopout programs provide opportunities to explore areas of interest, including potential job interest.
- A year of involvement in a service project may provide much needed mental and physical rejuvenation
- "Burnout" may be avoided from taking a year off between high school and college
- Stopout programs may open the door to life long interest that provides an outlet for individuals
- Work experience provides practical job experience for the future

